

Course Outline for: EXSC 1112 Tennis**A. Course Description:**

1. Number of credits: 1
2. Lecture hours per week: 1
3. Prerequisites: None
4. Corequisites: None
5. MnTC Goals: None

Tennis is a lifelong sport that encourages hand-eye coordination and cardiovascular fitness. Through practice and play, students develop technical skills and an understanding of the rules and strategies for both singles and doubles play. Students participate in drills and games to progress their abilities and understand the game of tennis.

B. Date last reviewed/updated: May 2025**C. Outline of Major Content Areas:**

1. Strokes: Volley, Ground Strokes, Courtesy Serve, Overhand Serve, Overhead Smash and Lob
2. Strategy and Tactics: Court positions for serving, receiving and general play for singles and doubles
3. Selection and care of equipment
4. Physical conditioning and safety
5. History, rules, terminology, and etiquette
6. Tournament play and scoring

D. Course Learning Outcomes:

Upon successful completion of the course, the student will be able to:

1. Demonstrate correct technical racquet skills in various situations.
2. Demonstrate correct techniques in serving.
3. Behave in a courteous and respectful manner towards opponents and teammates.
4. Apply fundamental skills and rules in game situations.
5. Choose appropriate strategies for singles play and adjust as necessary.
6. Choose appropriate strategies for doubles play and adjust as necessary.

E. Methods for Assessing Student Learning:

Methods for assessment may include, but are not limited to, the following:

7. Attendance and class participation
8. Subjective assessment of effort and skill
9. Written objective testing

F. Special Information:

None